

Loneke T. Blackman Carr, PhD, RD

Assistant Professor of Community & Public Health Nutrition

• Loneke.blackman_carr@uconn.edu •

EDUCATION

- 2010-2017 **University of North Carolina at Chapel Hill**, Chapel Hill, NC
Ph.D., Nutrition Intervention & Policy, December 2017
Department of Nutrition
Dissertation: *Examining the Effectiveness of Behavioral Weight Loss Interventions Among African American Women*
Committee: Deborah F. Tate (chair), Carmen Samuel-Hodge, Dianne S. Ward, Kelly R. Evenson, Shrikant I. Bangdiwala
- 2007-2009 **Syracuse University**, Syracuse, NY
M.A., Nutrition Science & Dietetics, December 2009
Department of Nutrition Science & Dietetics
Master's Independent Study: Farm Fresh in the Kitchen: A Nutrition Education Project for the Farm Fresh Mobile Market
- 2003-2007 **Cornell University**, Ithaca, NY
B.S., Nutritional Sciences, May 2007
Division of Nutritional Sciences

PROFESSIONAL CREDENTIAL

- 2009-2010 **Cornell University**, Ithaca, NY
Registered Dietitian (R.D.), Dietetic Internship, June 2010
Division of Nutritional Sciences

TRAINING

- 2019 **Racial Equity Institute**, Durham, NC
Racial Equity Workshop
- 2018 **Duke University**, Durham, NC
15th Annual Religion, Spirituality and Health Course
Center for Spirituality, Theology, and Health

PROFESSIONAL EXPERIENCE

- 2019-Present **Assistant Professor**, Department of Nutritional Sciences
University of Connecticut, Storrs, CT
- 2017-2019 **Postdoctoral Associate**, The Samuel Dubois Cook Center on Social Equity
Duke University, Durham, NC
Research Supervisor: Keisha L. Bentley-Edwards, PhD

AFFILIATIONS

- 2020 Rudd Center for Food Policy & Obesity, University of Connecticut
- Samuel DuBois Cook Center on Social Equity, Duke University

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2019-Present Institute for Collaboration on Health, Intervention, and Policy (InCHIP), University of Connecticut

UConn Center for mHealth and Social Media

Health Disparities Institute, UConn Health

RESEARCH INTERESTS

Health disparities | Nutrition | Physical activity | Obesity treatment and prevention | Behavioral interventions

RESEARCH PROJECTS (CURRENT)

November 2019- Present **Principal Investigator**, Formative research to develop a weight management intervention for ethnically diverse black adults

This study uses qualitative methods to understand what influences dietary and physical activity behaviors in black women with obesity. Through this study, assets (home and community) that support positive behavioral engagement, social support, social networks, and other socially relevant factors will be examined, plus traditional practices that support dietary and physical activity behaviors will also be identified. This study is the formative research phase of subsequent behavioral weight loss intervention development.

April 2020- Present **Candidate**, Optimizing Inclusion of Blacks Within a Dietary Change Intervention to Reduce Hypertension

This investigation aims to complement the parent trial goal to improve dietary quality through DASH diet adoption via an evidence-based smartphone application in adults with hypertension. The supplemental research will qualitatively examine barriers to DASH diet adoption in black adults with hypertension and quantitatively assess the parent trial goal of 40% minority recruitment by examining factors that may influence black adults' participation in the digital randomized controlled trial.

June 2020- Present **Principal Investigator**, Sistah Circles for Weight Control: Investigating Novel Intervention Approaches for Black Women

This convening of research and community experts will examine novel means of maximizing behavioral weight loss interventions for black women. A secondary goal is to understand the role and potential utility of black women's supportive groups (sistah circles) in such interventions.

Beginning October 2020 **Principal Investigator**, Multistate Hatch Grant

[description]

RESEARCH PROJECTS (COMPLETED)

November 2017- July 2019 **Postdoctoral Associate**, Religion, Spirituality and Cardiovascular Disease Risk: A Focus on African Americans (R01 MD011606-01 A1)

This R01 used a mixed-methods approach to investigate differences in religion/spirituality across denominations within the Black church, and the impact on in CVD risk factors, including obesity, diabetes, hypertension and depression. Previous evidence addresses the Black church as a singular entity, but we aim to delineate any variations in CVD risk by religion/spirituality. *PI: Keisha Bentley-Edwards, PhD; Co-PI: William (Sandy) Darity, Jr.*

August 2017 -
May 2018

Interventionist/Research Associate, EXS 1301-02 Lifestyle Behaviors for a Healthy Heart, Department of Exercise Physiology, School of Health Sciences
Winston-Salem State University, Winston-Salem, NC

An NIH-funded behavior change intervention designed to reduce cardiovascular disease risk in African American undergraduates that also incorporated a mobile health (mHealth) approach. *PI: Vanessa Duren-Winfield, PhD; Co-PI: Amanda Price, PhD*

January 2015-
March 2017

Principal Investigator, The Sisters in Health Study: A Weight Loss Intervention for African American Women, The University of North Carolina at Chapel Hill, Chapel Hill, NC

Funded by The Academy of Nutrition and Dietetics Foundation Commission on Dietetic Registration Doctoral Scholarship and the Institute for African American Research at the University of North Carolina at Chapel Hill, Graduate Student Summer Research Grant. A 6-month randomized controlled trial that compared two behavioral weight loss interventions in African American women. The standard behavioral approach was compared to a culturally relevant physical-activity enhanced behavioral treatment.

2011-2017

Graduate Research Assistant, UNC Weight Research Center, Lineberger Comprehensive Cancer Center
University of North Carolina at Chapel Hill, Chapel Hill, NC

2016

Interventionist/Research Associate, EXS 1301 Lifestyle Behaviors for a Healthy Heart, Department of Exercise Physiology, School of Health Sciences
Winston-Salem State University, Winston-Salem, NC

2010-2011

Graduate Research Assistant, Center for Health Promotion and Disease Prevention
University of North Carolina at Chapel Hill, Chapel Hill, NC

2009

Dietetic Intern, The Expanded Food and Nutrition Education Program/Cornell Cooperative Extension
Cornell University, Ithaca, NY

2008-2009

Graduate Research Assistant, Department of Nutrition Science & Dietetics
Syracuse University, Syracuse, NY

2009

Graduate Research Assistant, The Genesis Health Project, Department of Health and Wellness, Syracuse University, Syracuse, NY

PUBLICATIONS

Blackman Carr, L.T., Bell, C., Alick, C., Bentley-Edwards, K. (2020). Responding to Health Disparities in Behavioral Weight Loss Interventions and COVID-19 in Black Adults: Recommendations for Health Equity. *Under Review*.

Bentley-Edwards, K.L., Robbins, P.A., **Blackman Carr, L.T.**, Conde, E., Darity, W. (2020). Denominational differences in obesity among Black Christian adults: Why gender and life stage matter. *Under Review*.

Robbins, P. A., Bentley-Edwards, K. L., **Blackman Carr, L. T.**, Conde, E., Van Vliet, R., & Darity, W. A. (2020). Shades of Black: Gendered denominational variation in depression symptoms among Black Christians. *Psychology of Religion and Spirituality*.

Krzyzanowski, M.C., Kizakevich, P.N., Duren-Winfield, V., Eckhoff, R., Hampton, J., **Blackman Carr, L.T.**, McCauley, G., Roberson, K., Onsomu, E.O., Williams, J., Price, A.A. (2020). RAMS HAVE HEART™: A Mobile Application to Improve Cardiovascular Health by Increasing Daily Activity and Fruit and Vegetable Consumption. *Journal of Medical Internet Research mHealth and uHealth*, 8(8), e15156.

Blackman Carr, L.T., Nezami, B.T., Leone, L.A. (2020). Perceived Benefits and Barriers in the Mediation of Exercise Differences in Older Black Women With and Without Obesity. *Journal of Racial and Ethnic Health Disparities*, 7(4), 807-815. DOI: 10.1007/s40615-020-00788-6.

Bell C.N., **Blackman Carr, L.T.** (2020). The Role of Weight Perception in Race Differences in BMI Among College Graduate and Non-College Graduate Women. *Obesity (Silver Spring)*. DOI: 10.1002/oby.22765. [Epub ahead of print] PubMed PMID: 32170843.

Blackman Carr, L.T., Samuel-Hodge, C., Ward, D. S., Evenson, K. R., Bangdiwala, S. I., Tate, D. F. (2019). Comparative Effectiveness of a Standard Behavioral and Physical Activity Enhanced Behavioral Weight Loss Intervention in Black Women. *Women & Health*, DOI: 10.1080/03630242.2019.1700585.

Bentley-Edwards, K.L., **Blackman Carr, L.T.**, Robbins, P.A., Conde-Dudding, E., Zaw, K., Darity, W. (2019). Investigating Denominational Differences in Obesity and Diabetes in Black Christians. *Journal of Religion and Health*, 1-16.

Ilesanmi, A., Dearman C., **Blackman Carr, L.**, Duren-Winfield, V. (2018). The Use of Text Messaging to Promote Physical Activity in African-American College Students: A Feasibility Study. *Journal of the National Society of Allied Health*, 15(1), 30-44.

Wright, R., Roberson, K., Onsomu, E. O., Johnson, Y., Dearman, C., **Blackman Carr, L.T.**, et al. (2018). Examining the relationship between mindfulness, perceived stress, and blood pressure in African American college students. *Journal of Best Practices in Health Professions Diversity*, 11(1), 13-30.

Blackman Carr, L.T., Samuel-Hodge, C., Ward, D. S., Evenson, K. R., Bangdiwala, S. I., Tate, D. F. (2018). Racial Differences in Weight Loss Mediated by Engagement and Behavior Change. *Ethnicity & Disease*, 28(1), 43-48.

Allcock, M., Golin, C.E., Kaye, L., Grodensky, C., **Blackman, L.T.**, Thibodeaux, H. (2016). SafeTalk: Training Peers to Deliver a Motivational Interviewing HIV Prevention Program. *Health Promotion Practice*, 18(3), 410-417.

Curriculum Vitae- Loneke T. Blackman Carr

Ries, A.V., **Blackman, L.T.**, Page, R.A., Gizlice, Z., Benedict, S., Barnes, K., Kelsey, K., Carter-Edwards, L. (2014). Goal setting for health behavior change: Evidence from an obesity intervention for rural low-income women. *Rural and Remote Health*, 14(2), 2682.

Scholarly Presentations

Lee, R. E., **Blackman Carr, L.T.**, Strayhorn, S.M., Rodney, J.P., Monroe, C., Faro, J., Lane, H., Szeszulski, J. Still striding toward social justice? Redirecting physical activity research in a post-COVID-19 world. Panel Discussion accepted to the Society of Behavioral Medicine's Annual Meeting & Scientific Sessions, April 2021.

Heron, K.E., Arigo, D.A., Maher, J.P., **Blackman Carr, L.T.** Using mixed-methods designs to refine ecological momentary assessment studies of health behaviors in diverse populations. Symposium accepted to the Society of Behavioral Medicine Annual Meeting, April 2021.

Blackman Carr, L.T., Samuel-Hodge, C.D., Tate, D.F. Contextual Influences on Adherence and Behavior Changes Among Black Women. Poster presented at The Obesity Society 38th Annual Scientific Meeting, November 2020.

Blackman Carr, L.T., Bentley-Edwards, K., Robbins, P., Conde, E., Darity Jr., W. Understanding obesity in black young adults: Gender as a moderator between denomination and body mass index. Abstract accepted to the American Public Health Association Annual Meeting, November 2020.

Blackman Carr, L.T. Physical activity benefits and barriers in black women during weight loss treatment. Presented at the Physical Activity Special Interest Group, Society of Behavioral Medicine, Behavior Change Grand Rounds Spotlight on Trainee Research, July 2019.

Blackman Carr, L.T., Bentley-Edwards, K., Robbins, P., Conde, E., Darity Jr., W. It is well with my heart? An examination of religion and religious practice on obesity and diabetes in Christian Black Adults. Oral presentation at the American Public Health Association Annual Meeting, November 2019.

Talley, L., **Blackman Carr, L. T.**, Bentley-Edwards, K. (2019). Religious/Spiritual Typological Differences in Cardiovascular Health among a Nationally-Representative Sample of Black Christians: Evidence from the National Survey of American Life. Oral presentation at the American Public Health Association, November 2019.

Robbins, P. Bentley-Edwards, K., **Blackman Carr, L.T.**, Conde, E., Darity Jr., W. Gendered denominational variation in depression odds within the Black Church. Oral presentation at the American Public Health Association Annual Meeting, November 2019.

Blackman Carr, L.T., Robbins, P.A., Bentley-Edwards, K.L. Worship and wellness: Differences in obesity and diabetes among black Christians by denomination. Poster presented at the Society of Behavioral Medicine Annual Meeting, March 2019.

Blackman Carr, L.T., Nezami, B.T., Leone, L.A. Understanding the mechanisms of movement. Physical activity and barrier differences in obese and non-obese black women. Poster presented at the Society of Behavioral Medicine Annual Meeting, March 2019.

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Blackman Carr, L.T., Samuel-Hodge, C., Ward, D. S., Evenson, K. R., Bangdiwala, S. I., Tate, D. F. A comparison of behavioral weight loss interventions to maximize weight loss in black women. Paper presented at the Society of Behavioral Medicine Annual Meeting, March 2019.

Blackman, L.T., Valle, C.V., Tate, D.F. Differences in Weight Control Eating Behaviors among Black and White Women Enrolled in a Behavioral Weight Loss Intervention. Poster presented at the Society of Behavioral Medicine Annual Meeting, Washington, D.C., April 2016.

Allcock, M., Golin, C., Grodensky, C., Kaye, L., **Blackman, L.**, & Thibodeaux, H. Can a Motivational Interviewing-based safer sex program for people living with HIV be adapted for peer delivery? Results from a pilot training. Oral Presentation at the International Conference of Motivational Interviewing, Amsterdam, Netherlands. June 2014.

Braxton, D., Samuel-Hodge, C., **Blackman, L.T.**, Skinner, H. The Role of Stress in Determining Healthy Lifestyle Behaviors in Southern African American Women. Poster at the Southern Research Circle Poster Session, Chapel Hill, NC. October 2014.

Valle, C.G., Bordogna, R.K., **Blackman, L.**, Alick, C., Tate, D.F. If You Build It, Will They Come and Communicate? Young Adult Cancer Survivors' Engagement in a Facebook-Based Physical Activity Intervention. Poster at the 7th Biennial Survivorship Research Conference, Atlanta, GA. June 2014.

Blackman, L.T., Crane, M.M., Valle, C.G., Tate, D.F. (2013). An exploration of exercise beliefs and physical activity among obese women enrolling in a behavioral weight loss program. Poster presented at the Society of Behavioral Medicine Annual Meeting, San Francisco, CA. March 2013.

Blackman, L.T. Formative Research for the Dissemination of the Seeds of HOPE Intervention. Poster presentation at the 33rd Annual Minority Health Conference at University of North Carolina at Chapel Hill. Chapel Hill, NC. February 2012.

INVITED PRESENTATIONS

#ThisIsAmerica Social Justice Series. (September 2020). Panelist, The University of Connecticut Foundation, Incorporated, Hartford, CT.

Anti-Blackness Impact on Black Women. (September 2020). Panelist, Teach-In: Solidarity with #Scholarstrike for Racial Justice, Office of Diversity & Inclusion, University of Connecticut, Storrs, CT.

Unpacking the Weight: Reducing Obesity in Black Women. (May 2019). Research Seminar, Department of Nutritional Sciences, University of Connecticut, Storrs, CT.

A Career in Nutrition & Health Disparities. (February 2019). Nutrition Graduate Student Association, Meredith College, Raleigh, NC.

FUNDING

Pending/Submitted

Grant No. 13173533

Luo (PI)

01/01/2021-12/31/2025

United States Department of Agriculture - NIFA

Bridging the Gap II: Summer Research Experience Learning for Undergraduates

Curriculum Vitae- Loneke T. Blackman Carr

This proposal, submitted under the program Research and Extension Experiences for Undergraduates of the USDA. The goal is to provide five years of mentored, experiential learning in nutritional sciences to mostly underrepresented undergraduate students from Connecticut Community Colleges and UConn regional campuses to provide exposure to food and nutrition as a field of study and industry for future careers.

Role: Co-Principal Investigator, \$499,996 total award

No Number Chun (PI) 07/01/2020-12/31/2026

Nestlé

UConn Healthy Eating Study

Assessment of the Relationships between Campus Dining Choices and Dietary Quality, and Intervention to Improve Nutritional and Health Status in College Students.

Role: Co-Principal Investigator, \$2,405,713 total award

Loan Repayment Program Application Blackman Carr (PI) 08/31/2020-07/31/2022

Delineating the context of dietary and physical activity behaviors for weight loss.

Ongoing Research Support

No Number Blackman Carr 07/01/2020-06/30/2020

Connecticut Convergence Institute for Translation in Regenerative Engineering, UConn Health

Development and Implementation of a Smartphone-Based Intervention for the Prevention of Weight Gain in Black Women

The 2020 Pre-K Scholar Career Development Award supports the development and submission of a Research Career Development Award (K award) to the National Institutes of Health.

Role: Scholar, \$21,140 total award

NC1196 Blackman Carr (PI) 10/01/2020-12/31/2022

United States Department of Agriculture – Multistate Research Grant

Use of a group cohesion approach to optimize dietary and physical activity behavior change during a behavioral weight loss intervention

The aim of this study is to employ a group cohesion approach to optimize dietary and physical activity behavior change during a behavioral weight loss intervention for black women. Part of the multistate project, "Food systems, health, and well-being: understanding complex relationships and dynamics of change"

Role: Principal Investigator, \$32,600 total award

No Number Blackman Carr (PI) 06/02/2020-12/31/2022

UConn InCHIP Rolling Seed Grant Proposal to Develop New Interdisciplinary Teams

Sistah Circles for Weight Control: Investigating Novel Intervention Approaches for Black Women

The primary goal of this proposal is to determine novel means of maximizing behavioral weight loss interventions for black women. A secondary goal is to understand the role and potential utility of black women's supportive groups (sistah circles) in such interventions.

Role: Principal Investigator (Co-PI: Shardé Davis, Co-I: Kim Gans), \$2,500 total award

3R01HL146768-01S1 Steinberg (PI) 04/10/2020-06/30/2023

National Heart, Lung and Blood Institute, NIH

Optimizing Inclusion of Blacks Within a Dietary Change Intervention to Reduce Hypertension

This Diversity Supplement supports the aim of the parent trial to improve dietary quality through DASH diet adoption via an evidence-based smartphone application in adults with hypertension. The supplement will

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support the parent trial goal of 40% minority recruitment by examining factors that may influence black adults' participation in the digital randomized controlled trial.

Role: Candidate, \$367,632 total award

No Number Blackman Carr (Co-PI) 01/06/2020-12/31/2020

Department of Nutritional Sciences Pilot Study Award, University of Connecticut

WellTalk: Formative research to develop a weight management intervention for ethnically diverse black adults

Formative research to develop a weight management intervention for ethnically diverse black adults

This award provides support to generate pilot data that will support external grant award application.

Role: Co-Principal Investigator (Co-PI: Kristen Cooksey-Stowers, Co-I: Michael Puglisi), \$8,120 total award

No number Blackman Carr (PI) 08/23/2019-12/31/2022

Delineating the context of dietary and physical activity behaviors for weight loss

Start-up research funds to support the development of a behavioral weight loss intervention to address obesity disparities in black women. This multiphase research project includes qualitative formative phase to improve the design of a pilot trial, and conduct a feasibility testing of a digital behavioral weight loss intervention to improve weight loss outcomes in black women.

Role: Principal Investigator

Completed Research Support

R01 MD011606-01A1 Bentley-Edwards (PI) 10/01/2017-05/31/2022

Religion, spirituality and CVD risk: A focus on African Americans

The goal of this mixed methods study is to investigate the role of religion and spirituality in cardiovascular disease risk among Blacks adults. This project specifically examines the effect of religion and spirituality on the risk factors of obesity, diabetes, hypertension and depression.

Role: Postdoctoral Associate

Summer Research Grant Blackman Carr (PI) 07/01/2016-09/01/2016

Institute for African American Research, University of North Carolina at Chapel Hill

This award supported the continuation and completion of a behavioral weight loss intervention for Black women to determine if the approaches compared yielded differential weight loss and physical activity outcomes.

Role: Principal Investigator, \$2000, total award

Doctoral Research Grant Blackman Carr (PI) 01/01/2015-12/31/2015

Comparative effectiveness trial for weight loss, Academy of Nutrition and Dietetics Foundation

The goal of funded by the study was to determine if a culturally relevant, physical activity enhanced behavioral weight loss intervention would produce greater weight loss than a standard behavioral weight loss intervention in Black women.

Role: Principal Investigator, \$10,000, total award

NIH/NRSA 2 T32 DK07686 Stevens (PI) 08/01/2012-07/31/2013

Ruth L. Kirschstein, Institutional Research Nutrition Training Grant, Predoctoral Traineeship

This grant provided mentored research training to predoctoral students in nutrition and the conduct of behavioral intervention science.

Role: Pre-doctoral trainee

AWARDS & HONORS

- 2019 Duke Postdoctoral Award for Professional Development, Duke University
Durham, NC (*declined*)
- Invited scholar, New Connections Capstone Symposium, Robert Wood Johnson
Foundation
New Orleans, LA
- 2018 Invited scholar, New Connections Symposium, Robert Wood Johnson Foundation
Philadelphia, PA
- 2013 Economic Security Initiative Citizen of the Year Award, Mid-Atlantic Region of Alpha
Kappa Alpha Sorority, Incorporated
- 2013-2014 UNC Gillings School of Global Public Health, Naomi R. Koehler Scholarship

SERVICE

University

- 2020 Member, Enhancing Health and Well-Being Locally, Nationally, and Globally Working
Group, College of Agriculture, Health and Natural Resources Strategic Vision
Implementation Team, University of Connecticut
- Panelist, Food for Thought: A Discussion on the Importance of Lifestyle in Food Culture,
BOLD Women's Leadership Network, University of Connecticut
- Reviewer, Summer Undergraduate Research Fund, Office of Undergraduate Research,
University of Connecticut
- 2019 Participant, Strategic Visioning Listening Session, College of Agriculture, Health and
Natural Resources, University of Connecticut
- Participant, Expanding Equitable Access to Undergraduate Research Opportunities at
Duke: A Design Session, Duke Learning Innovation, Duke University
- Graduate Student/Postdoctoral Panelist, Graduate Career Consortium Regional
Conference, Duke University
- 2018 Guest Speaker, Hank & Billye Suber Aaron Young Scholars Summer Research Institute
Samuel DuBois Cook Center on Social Equity, Duke University
- 2013 Panelist, North Carolina Central University Program Partners
UNC Office of Student Affairs, University of North Carolina at Chapel Hill
- 2012-2015 Student Member, Nutrition Department Diversity Committee
University of North Carolina at Chapel Hill

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2010-2011 Planning Subcommittee, 32nd Annual Minority Health Conference, *The Promise of Health Equity: Advancing the Discussion to Eliminate Disparities in the 21st Century*, Minority Student Caucus, University of North Carolina at Chapel Hill

2008-2009 Master's Student Representative, Department of Nutrition Science & Dietetics, College of Human Ecology, Syracuse University

Department

2019-present Member, Undergraduate Education Committee, Department of Nutritional Science, University of Connecticut

Member, Didactic Program in Dietetics Advisory Committee, Department of Nutritional Science, University of Connecticut

Community

2020 Invited Guest Speaker, Taking a Black Woman-Centered Approach to Weight Loss and Nutrition, Health in Her HUE

Presenter, Eat to Live: Food as Good Medicine Workshop, Redeemer's A.M.E. Zion Church

Guest, Rich Answers Radio Broadcast & Podcast with Rev. Dr. Shelley D. Best, a production of The 224 EcoSpace a social enterprise of The Conference of Churches

2018-2019 Member, Collaborative Council for Food System Planning in Durham

2017-2019 Member, Partnership for a Healthy Durham, Obesity, Diabetes & Food Access Committee

2017-2019 Assistant Secretary, Executive Board, Alpha Kappa Alpha Sorority, Incorporated (Sigma Tau Omega Chapter, Cary, NC)

2012-Present Member, Alpha Kappa Alpha Sorority, Incorporated (Epsilon Omicron Omega Chapter, Hartford, CT; Sigma Tau Omega Chapter, Cary, NC)

2011-2015 Volunteer Chair & Program Volunteer, The Queen's Foundation, Incorporated

Profession

2020 Co-Chair, Research Committee, National Organization of Blacks in Dietetics and Nutrition, Academy of Nutrition and Dietetics

TEACHING EXPERIENCE

2020 **Guest Lecturer**, AH 5095 Advancing Health Equity by Applying Social Determinants of Health Action Frameworks
A Framework for Equity in Obesity Treatment

Department of Allied Health Sciences, College of Agriculture, Health, and Natural Resources, University of Connecticut, Storrs, CT

Guest Lecturer, UNIV 1810 FYE Learning Community Seminar – Nutritional Sciences
Behavioral Interventions For Treating Obesity and Health Disparities

Department of Nutritional Sciences, College of Agriculture, Health, and Natural Resources, University of Connecticut, Storrs, CT

Guest Lecturer, NUSC 6319 Research Design and Methods in Nutritional Sciences
Health Behavior Intervention Design

Department of Nutritional Sciences, College of Agriculture, Health, and Natural Resources, University of Connecticut, Storrs, CT

Guest Lecturer, NUSC 3230 Community Nutrition

Nutrition & Obesity: Ecological Approaches to Health Disparities

Department of Nutritional Sciences, College of Agriculture, Health, and Natural Resources, University of Connecticut, Storrs, CT

2019

Guest Lecturer, NUSC 1167 Food, Culture, And Society

Jamaica: The Migration of Food

Department of Nutritional Sciences, College of Agriculture, Health, and Natural Resources, University of Connecticut, Storrs, CT

Guest Lecturer, NUSC 1165 Fundamentals of Nutrition

Behavioral Interventions for Treating Obesity in Black Women

Department of Nutritional Sciences, College of Agriculture, Health, and Natural Resources, University of Connecticut, Storrs, CT

2018

Guest Lecturer, PubPol 190FS.02 Race and Public Policy

Separate and Unequal Food

Sanford School of Public Policy, Duke University, Durham, NC

2017

Lecturer, EXS 1301-01 Lifestyle Behaviors for a Healthy Heart, Department of Exercise Physiology, School of Health Sciences, Winston-Salem State University, Winston-Salem, NC

Teaching Assistant, NUTR 728 Nutrition Translational Research and Application, Department of Nutrition, University of North Carolina at Chapel Hill, Chapel Hill, NC

2015

Guest Lecturer, PHS 202A Research Methods, Department of, Department of Psychology, College of Arts & Sciences, Elon University, Elon, NC

Guest Lecturer, PHS 201B Introduction to Public Health, Department of Psychology, College of Arts & Sciences, Elon University, Elon, NC

2014

Guest Lecturer, PHS 201C Introduction to Public Health, Department of Psychology, College of Arts & Sciences, Elon University, Elon, NC

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Guest Lecturer, PHS 461 A Senior Seminar in Public Health: Putting Health in its Place,
Department of Psychology, College of Arts & Sciences, Elon University, Elon, NC

2013 **Teaching Assistant**, Health Behavior (HBHE) 811 Development and Evaluation of Health
Promotion and Disease Prevention Interventions

Department of Health Behavior
University of North Carolina at Chapel Hill, Chapel Hill, NC

Teaching Assistant, NUTR 240 Introduction to Human Nutrition

Department of Nutrition
University of North Carolina at Chapel Hill, Chapel Hill, NC

2012 **Teaching Assistant**, NUTR 715 Dietary Change Interventions

Department of Nutrition
University of North Carolina at Chapel Hill, Chapel Hill, NC

Independent Study, Field Experiences, Honors Theses

2020 NUSC 4299: Undergraduate Independent Study

ADVISING and MENTORING

Research Assistants Supervised

2020 Dana Chamberlain Undergraduate, Nutritional Sciences

Undergraduate Mentees

2019-2020 Kathryn Atkinson Undergraduate, Nutritional Sciences
Holster Scholar Applicant

Informal Mentor

2019-Present Patrice Hubert PhD Student, Allied Health Sciences

PROFESSIONAL SOCIETY MEMBERSHIPS

2019-Present Member, Society of Behavioral Medicine Membership Committee

2018-Present Member, Scholar Strategy Network

2018-Present Member, Society of Behavioral Medicine, Health Equity Special Interest Group, Obesity
& Eating Disorders Special Interest Group

2018-Present, Member, Society of Behavioral Medicine, Physical Activity Special Interest Group

2013-2016

2005-2015 Member, Academy of Nutrition and Dietetics